

July 2022

Holy Transfiguration Orthodox Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
3rd Sunday of Matthew 9 am - Orthros 10 am - Liturgy			+		☩	8 am - Food Pantry
10	11	12	13	14	15	16
4th Sunday of Matthew 9 am - Orthros 10 am - Liturgy			+ 7 pm - Book Study		+	6:30 pm - Vespers/Confession
17	18	19	20	21	22	23
Sunday of the Holy Fathers of the 4th Ecumenical Council 9 am - Orthros 10 am - Liturgy	7 pm - Parish Council		+ 7 pm - Book Study		+	
24	25	26	27	28	29	30
6th Sunday of Matthew 9 am - Orthros 10 am - Liturgy			St Panteleimon 8am Orthros / 9am Liturgy ☩ 7 pm - Book Study		+	
31						
7th Sunday of Matthew 9 am - Orthros 10 am - Liturgy						

- ⊕ Strict Fast
- ☩ Wine allowed
- ☩ Wine & Fish allowed
- ☩ Wine, Fish, & Dairy